

May 2021

Soroptimist International of La Mesa



SOROPTIMIST

A global women's organization whose members work to improve the lives of women & girls through programs leading to social & economic empowerment.

2018-2019

SOROPTIMIST
CLUBGIVING

**We Support
Women & Girls**

2019-2020

SOROPTIMIST
CLUBGIVING

**We Support
Women & Girls**

President Lisa's Message



Wow! It's May already and change is in the air. I'm noticing people out and about more and many of my friends and colleagues are talking about travel and a return to what was once called normal. I hope that each of you are enjoying something that you love doing, that perhaps you have missed over this past year, whether it is visiting with friends in person, watching your favorite baseball team play, or traveling to a favorite location. This month's *President's Letter* is brought to you thanks to the input of several of our members who found their own special ways to deal with the adversity, anxiety and unknown aspects of this past year. They are a wonderful bunch of women who are willing to share their responses with you.

"I am so fortunate to have property, almost ½ acre and do not think that it has looked so good. I have never pulled so many weeds/grass, trimmed, raked, hauled up the bank, and swept. All good and no complaints." -Becky B.

"We survived with a lot of hugging during old movie time, a lot of new bread making techniques, early cocktail hours and a ton of great baseball games." -Christine H.

"I survived the pandemic because I was fortunate to have two daughters and a son-in-law staying with me. That helped all of us from being lonely." -Dolores K.

"I survived the pandemic by making masks, gardening, quilting, reading, taking joy rides, water aerobics, enjoying time with my hubby and daughter Sara and appreciating a quieter-simpler lifestyle." -Linda N.

"I survived by: Masking, isolation, and distance. Having a great partner, being in contact with my Soroptimists, Zooming loved ones, virtual happy hours, trusting in science, and trusting my higher power." Loretta M.

"I survived the pandemic by rediscovering the joy of the little things--taking the dog for a walk, going on scenic drives, doing puzzles and crosswords, improving my cooking skills, and watching A LOT of television! I was fortunate to have my family nearby that I could see when lockdown was less strict and had work and school to take up most of my time but working and attending school from home tested my patience at times. I think I am healthier now because I had to practice patience, wellbeing, and mindfulness!" -Savannah Mc

And as for your President, I realize that my experience was filled with a series of extremely fortunate circumstances which allowed me to persevere without hardship. I know this was not the case for many so I am extremely thankful for everything that I have. I was already a heavy online shopper so adapting to ordering groceries and supplies to be delivered to my home was an extremely easy transition. I was fortunate to have a job that was not eliminated due to the pandemic and my work kept me occupied most days. My family is small and all in the La Mesa area so I was also fortunate enough to have contact with them throughout most of the year. And, I had my Soroptimist duties to help keep me focused and moving forward. Happy May everyone! -Lisa Mc

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- President's Message
- SOLT
- Club News
- Upcoming Events

Upcoming club activities:

Due to the Covid 19 pandemic, all club meetings in the foreseeable future will be Zoom meetings.
(Zoom, 5:30 pm unless otherwise stated)

5/6/21 Business Meeting 5:30 pm Zoom

5/13/21 Program Meeting 5:30 pm Zoom

5/20/21 Board Meeting 5:30 pm Zoom

SCRIBBLES - MAY 2021

Founders Pennies FAQ

Each year, Soroptimist clubs make Founders Pennies donations to celebrate the founding of our organization and support its global Dream Programs. Founders Pennies are a classic, time-honored tradition for clubs, and a creative way to help fund life changing programs. Founders Pennies help create a local and global relationship between Soroptimist clubs and members, and the women and girls who need our support.

How are Founders Pennies used?

Founders Pennies are used to fund the Live Your Dream Awards, Dream It, Be It, and other SIA programs that improve the lives of women and girls in local communities and throughout the world. Founders Pennies represent approximately 10 percent of the total \$1.7 million contributed to fund federation programs.

How are Founders Pennies calculated?

Founders Pennies are set at \$.06 per member times the number of years that SIA has been in existence (1921). For the 2020-2021 club year, $\$.06 \times 100 \text{ years} = \6.00 per member.

Who gives Founders Pennies?

Founders Pennies are remitted to headquarters by each participating club. Clubs collect the pennies from their members in a variety of ways and usually submit them with club dues.

When did the tradition of Founders Pennies begin?

The tradition of giving pennies began in 1943. Clubs collected one penny for each year of Soroptimist's existence and used the money to help re-establish clubs in Europe that had disbanded as a result of pre-World War II political conditions and the war itself. In 1946 the fund was renamed the Founders Fund. This fund provided international fellowships, scholarships and other awards to improve the status of women. Beginning in the 1960s, Founders Pennies began funding for the Youth Citizenship Awards, and now the Live Your Dream Awards.

Are Founders Pennies mandatory?

Founders Pennies are a voluntary contribution from Soroptimist members remitted to headquarters by clubs. As with all contributions, Founders Pennies are not mandatory. (SIA)



HAPPY 70th BIRTHDAY SOROPTIMIST INTERNATIONAL OF LA MESA!!!

You are looking great for all those years of fundraising and service! Our mission is “To improve the lives of women and girls through programs leading to social and economic empowerment.” That is what SI La Mesa has done for the past 70 years and will continue to do in the future!

We have performed many service projects over the years. Here is a sample of some those service projects:

We advocated for Pre-Natal Care for mothers on MediCal. A bill was finally passed by the State legislature to pay doctors for treating pre-natal MediCal women.

Involvement Free Enterprise “IFE” was a joint project we did with the Kiwanis club for a number of years. It was a week-end event up at the Boy Scout camp in Julian. High School juniors participated in discussions on economics, free enterprise etc.

Destination Women 2000 was a project we participated in for about 5 years. It was a self-esteem one day conference for women from low income families who needed help with job interview skills, self-esteem building, legal assistance etc. This project won 2nd place in the SIA Celebrating Success awards! In 2014 we sponsored the Women’s Opportunity Conference which was a follow up of our successful Destination Women 2000 project. This one day conference provides information, resources and support for women in transition. It was very successful and SI La Mesa again was awarded 2nd place in the SIA Celebrating Success awards as well as a \$4,000 SIA Woman’s Grant!!

Rachel’s Women’s Center for homeless women is a hands on project that we have done for a number of years. Every month or so we serve a delicious home cooked dinner to the women.

The SILM Service Brigade has assisted many non-profits with their service and fundraising projects.

Naval Consolidated Brig was a mentoring project along with a book club we participate in for incarcerated women.

We have assisted young women who have been victims of human trafficking and who are participants in the STARS program.

Although the pandemic has limited our actions, we continue to donate funds for many worth causes and will be back in person to continue our mission as soon as possible.

Excerpts from an article submitted by Lisa Moore, SILM Member (for 43 years)

A FEW OF OUR CLUB ACTIVITIES IN THE PAST 20 YEARS



Left: Practicing for DCR Conference Skit.

Right: Great parties with Tijuana club



Left: Lunch after serving ElderHelp

Right: Women's Opportunity Award Luncheon



Left: Fundraiser at Joan Embry Ranch

Right: Women's Opportunity Award Mini-Grant Winners



Above: Serving Dinner to Ladies at Rachel's Center



Above: Annual Pre-Thanksgiving Breakfast

A FEW MORE OF OUR CLUB ACTIVITIES



Left: Skit at DCR Conference



Right: Resource Tables at Women's Opportunity Conference



Left: 2016 DCR Conference



Right: Serving Dinner at STARS



**Right:
Top - Beautiful Bargain Boutique in conjunction with SISD**



**Right:
2016 Pre-Thanksgiving Breakfast**



CELEBRATE MOTHER'S DAY WITH US!!!

DO YOU LIKE TO REST ON MOTHER'S DAY? YOU CAN DO SO AND STILL EDUCATE WOMEN!!



Soroptimist International of La Mesa is asking you to relax in your favorite spot and join us for a cup of tea on Mother's Day, Sunday, May 9, 2021

Find your most comfy hammock/chair/divan/sofa/rocker and as you drink your tea, think of the women and girls that you will be supporting by contributing to our **Live Your Dream Awards**, which support education for head of household women.

Lounge in comfort and look what you will save:

No Lunch ticket (\$40.00)

No outfit to buy (\$75.00)

No makeup (\$15.00)

No Spanx (\$30.00)

No uncomfortable shoes (\$50.00)

No trip to the hairdresser (\$45.00)

No need to wash the car (\$13.00)

No gas to buy (\$2.00)

No babysitter needed (\$40.00)

No parking to pay (\$15.00)

No raffle tickets to buy (\$20.00)

"Our gift to you - a free morning and the satisfaction that you have supported women and girls" (\$ Priceless)

Total cost to attend an event you did not look forward to anyway: \$345

Please make a donation by mail, credit card or PayPal. Donate \$20, \$50 or more if you can!

Please respond by May 20, 2021

Online contribution:

<https://silamesa.org/event/untea2021/>

Your Name: _____

Address, City, Zip: _____

E-mail: _____

OR: Send donation to:

Soroptimist International of La Mesa

PO Box 637, La Mesa, CA 91944



We have great gift baskets in our Silent Auction!

**Online Silent Auction at:
shorturl.at/lvMPZ**



Dear Soroptimist Friends on the sichatline,

I propose you take a **Soroptimist Safari** this week. So board the bus: The Destination is the Soroptimist International website: www.soroptimistinternational.org

Stop 1: Do you know we have 20 UN reps in 7 locations? Can you find the locations, the names of the reps and what the focus of their work is?

Stop 2: Blogs and news. Check out the latest blogs from our advocacy team, members, and guest writers and learn about our work around the world.

Stop 3: Members section. Check out the resources available there. Everything you need to share Soroptimist International information.

Stop 4: Reports. Did you know the Soroptimist International Report Quadrennial Report and the See Solar Cook Solar President's Appeal report are found on the SI website? Can you find them? They are a great resource to share with your friends and family.

Stop 5: Soroptimist Reading section. Here you will find enough resources to keep you reading through April and beyond. Check often, there is always something new!

Here is how you get your ticket for the next journey, which you won't want to miss!! Sign up to receive the SI Global Voice. I will be watching and expect to see the number of subscribers go up.

In Soroptimist Service,

Beverly Bucur
Soroptimist International Director of Advocacy, 2017-2021

(provided by Elena Totten)

SI La Mesa Slate of Officers for 2021-2022

President: Lisa McCully

Past President: Becky Burgstiner

President-Elect: Elena Totten

Director - One Year: Elena Totten

Vice-President/Programs of Service: Anne DiNapoli

Director - Two Years: Lisa Moore

Recording Secretary: Linda Newell

Delegate - One Year: Savannah McCully

Treasurer: Felis Wolven & Linda Barbod

Delegate - Two Years: Frances Wolven

Corresponding Secretary: Dolores Kelly

THANK YOU FOR STEPPING UP TO LEAD OUR CLUB!

"It is a curious thing, Harry, but perhaps those who are best suited to power are those who have never sought it. Those who, like you, have leadership thrust upon them, and take up the mantle because they must, and find to their own surprise that they wear it well. "

---J.K. Rowling, Harry Potter and the Deathly Hallows

UPCOMING EVENTS

2021 SI LA MESA CLUB MEETING SCHEDULE

5/6/21 Business Meeting 5:30 pm Zoom	5/20/21 Board Meeting 5:30 pm Zoom
6/3/21 Business Meeting 5:30 pm Zoom	6/17/21 Board Meeting 5:30 pm Zoom

SAVE THE DATE
Desert Coast Region Annual
Conference (Virtual)
May 1-2, 2021

Club Birthdays

May 4 Maudie Bobbitt
May 12 Linda Newell
May 18 Savannah McCully

STAT! Soroptimist Together Against Trafficking

There is no meeting scheduled in March.
Meetings will be on Zoom until further
notice.

SI La Mesa now has an Instagram account for the club under the title of
“Soroptimist of La Mesa.” Check it out!

To support SI La Mesa, please go to Smile Amazon and select Soroptimist International of La Mesa as your charity and a portion of your purchases will benefit the women and girls we serve..

If you would like to purchase gift cards for the holidays, please contact the club at silamesa.org. There is a wide variety of cards available for graduation, birthday or other special days.



Soroptimist International
of La Mesa

Best for Women

PO Box 637

La Mesa, CA 91944

Contact: President Lisa McCully

www.silamesa.org Find us on Facebook

Soroptimist is a global women's organization whose members volunteer to improve the lives of women and girls through programs leading to social and economic empowerment. Approximately 80,000 Soroptimist in 130 countries and territories support community-based and global projects benefiting women and girls. The organization is particularly concerned with providing women and girls access to education, as this is the most effective path to self-determination.

The name Soroptimist means "best for women" and that's what the organization strives to achieve. Soroptimists are women at their best working together to help other women to be their best.

Club Meetings will be held on Zoom at 5:30 pm until further notice.

First Thursday of each Month—Business Meetings

Program Meetings will be announced one month before occurring.

Third Thursday of each Month—Committee Meeting - As needed

Notes: Only one meeting is held in the months of July and August—date to be determined by club President

Scribbles Editor: Linda Newell Contact: lindanewell@silamesa.org

Officers, Board Members and Delegates - 2020-2021

President: Lisa McCully

Past President: Lisa Moore

President-Elect- Fundraising Chair: Becky Burgstiner

Director - One Year: Christine Hartwell

Vice-President/Programs of Service: Anne DiNapoli

Director - Two Years: Elena Totten

Recording Secretary: Linda Newell

Delegate - One Year: Felis Wolven

Treasurer: Felis Wolven & Linda Barbod

Delegate - Two Years: Savannah McCully

Corresponding Secretary: Dolores Kelly